



Relationships

PSHE
Year 6

Overview

In year six we will know that with high school approaching that may mean that our friendships may change in the next few months. We will touch upon peer pressure and consent and how that can have a negative effects upon a person. We will discuss topics and learn how to debate by taking into account people's opinions.



Knowledge & Understanding

In this unit, children will:

- Understand that friendships have ups and downs; strategies to resolve disputes and reconcile differences positively and safely
- Discuss strategies for recognising and managing peer influence and a desire for peer approval in friendships; to recognise the effect of online actions on others
- Recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact
- Recognise how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with

Outcomes and Life Skills

In this unit, children will:

- Understand that at the end of year changes will come and this might mean that friendship groups change, have ups or downs and may break down.
- Have a good understanding of peer pressure and the damaging effects it can have on another
- Take responsibility for their own actions and understand how they can affect others.
- Learn how to challenge and disagree constructively.

Home – school link project

During this topic, pupils can:

- Make a booklet containing advice about what to do when you fall out with a friend and forming different relationships with different people.

Topic Vocabulary

appropriate touch – *when touch is appropriate and wanted*

approval – *approving something*

consent – *permission for something to happen or the agreement to do something.*

peer pressure – *influence from members of one's peer group to do something unwanted*

physical contact – *touch between people*

responsibility – *having a duty*

Christ Church Values

compassion – *sympathetic pity and concern for others*

cooperation – *working together to the same end*

forgiveness – *forgiving someone for something that has hurt you or another*

friendship – *the state of being friends*

honesty – *being honest*

hope – *a feeling of expectation and desire for something to happen.*

love – *an intense feeling*

peace – *freedom of worry*

thankfulness – *a feeling or showing of appreciation*

trust – *a firm belief in something, truth or someone*