



Relationships

PSHE
Year 4

Overview

In this unit, we will look at caring relationships in their many forms and look at the difference between family structures. We will think about the differences between relationships we hold online and offline and what to do if any of these make us feel uncomfortable or could be construed as being bullying. We will learn how to model positive behaviour and deal with situations in our friendship groups that may be challenging.



Knowledge & Understanding

In this unit, children will:

- Understand the main feature of a positive family life is a caring relationship
- Know there are different ways to care about another person
- Decipher between the different family structures
- Decide the difference between knowing someone and knowing someone online
- Recognise if friendships (online or offline) make them feel uncomfortable to seek support and help – link to bullying
- Learn about discrimination and how to challenge it
- Understand their personal behaviour can affect others and understand how to model and recognise respectful behaviour

Outcomes and Life Skills

In this unit, children will:

- Build upon their own knowledge of how relationships come in many different forms and what that means for the people involved.
- Recognise that everyone's family setup will look different from their own and that all of these differences are ok
- Build healthy, positive friendships with those both in school and out of school
- Be able to recognise how their behaviour affects other people and to know when to challenge others about their behaviour

Home – school link project

During this topic, pupils can choose to:

- Create an anti-bullying poster or
- Create a family tree using pictures or drawing to talk about in class

Topic Vocabulary

bullying – repetitively seek to harm or coerce someone

debate – a discussion with arguments from people who both agree and disagree with the issue at hand

discrimination – the unjust or prejudicial treatment of different categories of people

relationships – the way two or more people are connected

Christ Church Values

compassion – sympathetic pity and concern for others

cooperation – working together to the same end

forgiveness - forgiving someone for something that has hurt you or another

friendship – the state of being friends

hope - a feeling of expectation and desire for something to happen.

love – an intense feeling

peace – freedom of worry

thankfulness – a feeling or showing of appreciation

trust – a firm belief in something, truth or someone