



Relationships

PSHE
Year 3

Overview

We will talk about the different experiences of relationships we might have throughout our lives and why these may not follow what society sees as the norm, and that is ok. We will seek to form positive relationships and understand what to do if we are not in a positive friendship. We will have adults we can go to if we are in trouble or needing support and we will also learn about the effects bullying and harmful behaviour towards others can have.



Knowledge & Understanding

In this unit, children will:

- Recognise that there are different types of relationships e.g. friendships, family relationships, romantic relationships, professional relationships
- Understand that people can care about each other and love one another but live apart
- Realise the importance of friendships and how to build positive friendships
- Decide when is the time to seek support if they feel lonely or excluded
- Understand the impact of bullying, including online and offline and the consequences of harmful behaviour

Outcomes and Life Skills

In this unit, children will:

- Know the difference between the different types of relationships and the importance of having these in our lives
- Recognise that sometimes families look different and are put together in different ways, including step parents, brothers and sisters but that they all care about one another.
- Be able to build positive relationships and understand what to do if they are being bullied, truly understanding the effects it can have on another person.

Home – school link project

During this topic, pupils can choose to:

- Create an anti-bullying acrostic poem
or
- Create an anti-bullying poster

Topic Vocabulary

bullying – *repetitively seek to harm or coerce someone*

family – *a group of people that live together as a unit*

friendship – *the state of being friends*

love – *an intense feeling of deep affection*

relationships – *the way two or more people are connected*

Christ Church Values

compassion – *sympathetic pity and concern for others*

cooperation – *working together to the same end*

forgiveness – *forgiving someone for something that has hurt you or another*

friendship – *the state of being friends*

hope – *a feeling of expectation and desire for something to happen.*

love – *an intense feeling*

peace – *freedom of worry*

thankfulness – *a feeling or showing of appreciation*

trust – *a firm belief in something, truth or someone*